

**Leicester City Council**  
**Scrutiny Review**

---

‘Child and Adolescent Mental Health Service’

---

A review of the Health and Wellbeing Scrutiny Commission

June 2016

## **Background to scrutiny reviews**

Determining the right topics for scrutiny reviews is the first step in making sure scrutiny provides benefits to the Council and the community.

This scoping template will assist in planning the review by defining the purpose, methodology and resources needed. It should be completed by the Member proposing the review, in liaison with the lead Director and the Scrutiny Manager. Scrutiny Officers can provide support and assistance with this.

In order to be effective, every scrutiny review must be properly project managed to ensure it achieves its aims and delivers measurable outcomes. To achieve this, it is essential that the scope of the review is well defined at the outset. This way the review is less likely to get side-tracked or become overambitious in what it hopes to tackle. The Commission's objectives should, therefore, be as SMART (Specific, Measurable, Achievable, Realistic & Time-bound) as possible.

The scoping document is also a good tool for communicating what the review is about, who is involved and how it will be undertaken to all partners and interested stakeholders.

The form also includes a section on public and media interest in the review which should be completed in conjunction with the Council's Communications Team. This will allow the Commission to be properly prepared for any media interest and to plan the release of any press statements.

Scrutiny reviews will be supported by a Scrutiny Officer.

### **Evaluation**

Reviewing changes that have been made as a result of a scrutiny review is the most common way of assessing the effectiveness. Any scrutiny review should consider whether an on-going monitoring role for the Commission is appropriate in relation to the topic under review.

**For further information please contact the Scrutiny Team on 0116 4546340**

To be completed by the Member proposing the review		
1.	<b>Title of the proposed scrutiny review</b>	Child and Adolescent Mental Health Service (CAMHS)
2.	<b>Proposed by</b>	Councillor Vi Dempster, Chair, Health and Wellbeing Scrutiny Commission
3.	<b>Rationale</b> Why do you want to undertake this review?	<p>The CAMHS service is an important service that provides specialist support for a child or young person has emotional and/or behavioural difficulties. This mental health support is essential to these vulnerable young people and their families to ensure they receive the correct level of care to help manage their conditions.</p> <p>However the commission is aware that so many young people don't even make it on the waiting lists and if they do make it on a waiting list for an assessment, they face the prospect of a wait of over 13 weeks before they are seen and assessed, with a further wait for treatment after that.</p> <p>It is important for the commission to understand the context behind these issues and the causes and to explore what solutions, if any, could be identified to ensure the best levels of care for the people who need it.</p>
4.	<b>Purpose and aims of the review</b> What question(s) do you want to answer and what do you want to achieve? (Outcomes?)	<p>The commission wants to seek assurances that the LPT are providing the necessary services to ensure that vulnerable young people are not being put at risk. The commission also wants to explore</p> <p>It is hoped the following outcomes will be established:</p> <ul style="list-style-type: none"> <li>• Establish the national picture and how that differs from local circumstances.</li> <li>• Understand what the CAMHS service currently offers and where there might be gaps in the service.</li> <li>• Understand what the number of referrals are, how many are being taken up, how many are being rejected and what the reasons are for the rejected ones?</li> <li>• Establish what the experience of users and potential users of the service are.</li> <li>• Evaluate future prospects for the CAMHS and its clients, including funding issues relating to the service.</li> </ul>
5.	<b>Links with corporate aims / priorities</b> How does the review link to corporate aims and priorities?  <a href="http://citymayor.leicester.gov.uk/delivery-plan-2014-15/">http://citymayor.leicester.gov.uk/delivery-plan-2014-15/</a>	<p>The City Mayor's Delivery Plan has a section specifically to promote 'A Healthy and Active City'.</p> <p>The aims within this include reducing health inequality and promoting good public health which will be linked to the outcomes of this review.</p>

6.	<p><b>Scope</b> Set out what is included in the scope of the review and what is not. For example which services it does and does not cover.</p>	<p>Leicestershire Partnership Trust – Providers of the service</p> <p>Clinical Commissioning Group (CCG) – Commissioners of the service</p>
7.	<p><b>Methodology</b> Describe the methods you will use to undertake the review.</p> <p>How will you undertake the review, what evidence will need to be gathered from members, officers and key stakeholders, including partners and external organisations and experts?</p>	<p>The commission would like to identify the following:</p> <ul style="list-style-type: none"> <li>• What is the national picture for CAMHS and how does it compare locally?</li> <li>• What services are currently being offered?</li> <li>• How many referrals are received, how many are taken up and what are the reasons for both?</li> <li>• What happens to those referrals not supported by CAMHS?</li> <li>• What is the experience of users and potential users of the service?</li> </ul> <p>Task group meetings will gather evidence from officers in the witnesses section.</p> <p>The task group will also include members of the Young People’s Council in order to have a young person’s perspective on issues affecting them.</p>
	<p><b>Witnesses</b> Set out who you want to gather evidence from and how you will plan to do this</p>	<p>Potential witnesses may include:</p> <ul style="list-style-type: none"> <li>• Relevant Council Officers</li> <li>• Relevant Health Partners (LPT, CCG, etc)</li> </ul>
8.	<p><b>Timescales</b> How long is the review expected to take to complete?</p>	<p><b>June</b> Scoping document to be agreed at 30<sup>th</sup> June meeting.</p> <p><b>July – October</b></p> <ul style="list-style-type: none"> <li>• Revisit the CQC report and identify key areas to look at.</li> <li>• Task Group meetings.</li> <li>• Draft findings and conclusions to be established.</li> </ul> <p><b>November</b> The final review report to be agreed at 9<sup>th</sup> November meeting.</p>
	Proposed start date	July 2016
	Proposed completion date	November 2016
9.	<p><b>Resources / staffing requirements</b> Scrutiny reviews are facilitated by Scrutiny Officers and it is important to estimate the amount of their time, in weeks, that will be required in order to manage the review Project Plan effectively.</p>	<p>It is expected the Scrutiny Policy Officer will support the whole review process by capturing information at the meetings, facilitating the people to give evidence and writing the initial draft of the review report based on the findings from the review.</p>

	Do you anticipate any further resources will be required e.g. site visits or independent technical advice? If so, please provide details.	May look to national advisors and Think tanks on how CAMHS works across the country.
<b>10.</b>	<b>Review recommendations and findings</b>  To whom will the recommendations be addressed? E.g. Executive / External Partner?	It is likely the review will offer recommendations to the LPT and may include some recommendations to the CCG.
<b>11.</b>	<b>Likely publicity arising from the review</b> - Is this topic likely to be of high interest to the media? Please explain.	It is not expected that the review will have high media interest but the council's communications team will be kept aware of any issues that may arise of public interest.
<b>12.</b>	<b>Publicising the review and its findings and recommendations</b> How will these be published / advertised?	There will be a review report which will be published as part of the commission's papers.
<b>13.</b>	<b>How will this review add value to policy development or service improvement?</b>	It is hoped the outcomes of the review will ensure that the LPT's services are not putting vulnerable people at risk and that services are adequate.
<b>To be completed by the Executive Lead</b>		
<b>14.</b>	<b>Executive Lead's Comments</b>  The Executive Lead is responsible for the portfolio so it is important to seek and understand their views and ensure they are engaged in the process so that Scrutiny's recommendations can be taken on board where appropriate.	We welcome this review which will focus on an important health issue for children in the city. Access to appropriate mental health services for children who are experience mental health problems has been highlighted as an issue in the city in the past. Mental health for both adults and children has been identified by the health and well-being board as an important priority, which will be the focus of the city's next Health and Well-being Strategy.  Cllr Sarah Russell, Assistant City Mayor, Children, Young People and Schools. Cllr Abdul Osman, Assistant City Mayor, Public Health Cllr Rory Palmer, Deputy City Mayor, Chair, Health and Well-being Board.

**To be completed by the Divisional Lead Director**

<b>15.</b>	<b>Divisional Comments</b>  Scrutiny's role is to influence others to take action and it is important that Scrutiny Commissions seek and understand the views of the Divisional Director.	Children's mental health is a significant issue in the city and timely access to mental health services has been raised as a problem across the country. There are plans in place to address this nationally and locally and the review will help to identify what additional steps might need to be taken to accelerate action within the city and by key health partners.
<b>16.</b>	<b>Are there any potential risks to undertaking this scrutiny review?</b>  E.g. are there any similar reviews being undertaken, on-going work or changes in policy which would supersede the need for this review?	Changes are currently being planned to children's mental health services as a result of the national Future in Mind initiative and the Better Care Together programme. This will need to be taken into consideration over the course of the review.
<b>17.</b>	<b>Are you able to assist with the proposed review? If not please explain why.</b> In terms of agreement / supporting documentation / resource availability?	Advice to Scrutiny Officers.
	<b>Name</b>	Ruth Tennant
	<b>Role</b>	Director of Public Health
	<b>Date</b>	

**To be completed by the Scrutiny Support Manager**

<b>18.</b>	<b>Will the proposed scrutiny review / timescales negatively impact on other work within the Scrutiny Team?</b> (Conflicts with other work commitments)	This review may require some intensive support to ensure that the commission can adequately scrutinise the CAMHS service. Whilst it is anticipated that there will be no adverse impact on the scrutiny team's work, it must be anticipated that there may need to be some prioritising of work done during the time of this review.
	<b>Do you have available staffing resources to facilitate this scrutiny review? If not, please provide details.</b>	The review can be adequately supported by the Scrutiny Team as per my comments above.
	<b>Name</b>	Kalvaran Sandhu, Scrutiny Support Manager
	<b>Date</b>	8 <sup>th</sup> June 2016